



Human Resources Department
Benefits Telephone Guide
Phone: (205) 325-5249, Option 4
Email: benefits@jccal.org

COMPANY NAME	CONTACT	GROUP NUMBER	PHONE NUMBER
AMERIFLEX (Health FSA, Dependent Care FSA and COBRA)	Customer Service		(888) 868-3539
Behavioral Health System Employee Assistance Program (EAP)	Customer Service		(205) 879-1150 (800) 245-1150
Behavioral Health System Mental Health/Substance Abuse (MHSA)	Customer Service		(205) 879-1150 (800) 245-1150
Blue Cross & Blue Shield of AL Medical and Prescription Drugs	Customer Service	60100	(877) 255-7250 (205) 988-2200
Delta Dental	Customer Service	16059	(800) 521-2651
EyeMed (Vision)	Customer Service	1023534	(866) 800-5457
FMLASource (FMLA, EML, Military Leave & ADA)	Customer Service		(888) 789-3994
MetLife Legal	Customer Service	9902584	(800) 821-6400
Nationwide Retirement Solutions Deferred Compensation	Elaine Graham Smith		(205) 249-8423
UNUM Accident, Hospital Indemnity, and Critical Illness	Customer Service	985865, 985867,985866	(800) 635-5597
UNUM Life and AD&D Insurance	Customer Service	985809	(800) 858-6843
UNUM Short & Long Term Disability	Customer Service	985808	(866) 779-1054

Jefferson County Commission Human Resources
716 Richard Arrington Jr. Blvd. N, Suite A600
Birmingham, AL 35203
205.325.5249 (Tel) Option 4 | 205.325.5781 (Fax)
benefits@jccal.org